

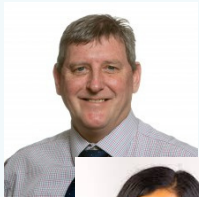
Research Newsletter

With a focus on.....

Understanding the impact of serving within the UK Armed Forces on Indian sub-continent and West Indian veterans and their families.

Meet Fibby and Kate, the researcher and administrator on the study.

Both have connections to the Armed Forces with Fibby being an active reservist and Kate, the spouse of a serving officer in the Royal Marines.



They are guided and supported by Professor Alan Finnegan and Professor Bhairavi Sapre who are the co-principal researchers. Prof Finnegan, the director of the Westminster Centre for Research in Veterans, is himself a veteran following a long and successful service with a nursing background focusing on military mental health. Prof Sapre is a consultant psychiatrist and is a serving medical officer holding the rank of Lt. Colonel with 208 Field Hospital, Liverpool.

All are passionate to create positive change for our veterans, and they're waiting to hear from you! To find out if you're eligible to take part in the study contact them on veterans@chester.ac.uk

Recent activity from the team:



1.

The team came together for the raising of the flag at Chester Town Hall to mark Armed Forces Day.

2.

Fibby was invited to attend a Buddhist Network Meet at the Defence Academy in Shrivenham.

3.

Fibby met with a member of our Expert Reference Group in Birmingham to celebrate the Windrush anniversary.

4.

Fibby and Kate visited the WASP headquarters in London and enjoyed completing questionnaires and interviews with several of their members.



A little bit about the study....

Forces in Mind Trust (FiMT) awarded a grant to the University of Chester's Westminster Centre for Research in Veterans to conduct research into the experiences of ethnic minority veterans and their families. We want to understand the motivators behind why ethnic minority communities choose to join the British Armed Forces, remain and ultimately their reasons for leaving. We also want to understand their experiences of health, housing, employment, education and service life including integration, benefits, challenges and what can be improved. The results should provide valuable insight into the experiences of ethnic minority communities in the Armed Forces and indicate how these experiences influence their help seeking behaviour, physical and MH needs. In addition, the study will help those working with these communities gain understanding and awareness of the health and social issues experienced by minority ethnic communities in the Armed Forces and help shape policy.

ARE YOU A VETERAN FROM A MINORITY ETHNICITY?

We want to hear from you!

We are conducting a research study to explore the impact of serving in the UK Armed Forces on veterans from minority ethnicities.

Our aim is to generate sustained change to improve the lives of this group of ex-Service personnel and their families.

Can you help?

We are looking for veterans from minority ethnicities to take part in an online questionnaire which will take 10-15 minutes to complete. A paper version is also available.

CONTACT US

If you're interested, would like more information, or to request a paper version of the questionnaire, please contact the research team at:

veterans@chester.ac.uk

Or scan the QR code to go straight to the questionnaire.



To find out more about the research team behind this study [click here](#).

Get in touch

If you would like to support our research please contact us on veterans@chester.ac.uk or scan the QR code on the above poster to complete our short online questionnaire.

Recent Interview Feedback

Alongside the questionnaire we are conducting interviews as part of the research process.

For participating in an interview, which lasts approximately 1 hour, we will send you a **£30 Amazon.co.uk Gift Card** as a thank you for your time.

The feedback we have received so far has been hugely positive, with participants really enjoying having the chance to tell their story!

It was my absolute pleasure! May I just say how professional I thought Phebean was. Complete credit to the department.

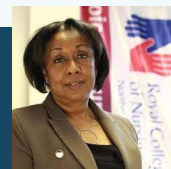
*Many thanks for this email and the vouchers; this wasn't my motivation and I enjoyed the interview.
I hope the research goes well.*

Expert Reference Group

The team have recently held their quarterly Expert Reference Group meeting which was extremely useful with many positive outputs. The Expert Reference Group panel consists of a wealth of professionals from a variety of organisations, who support and guide the team with key decisions and ideas from their own expert knowledge of the subject area.

Please meet:

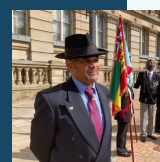
Estephanie Dunn – Regional Director, Royal College of Nursing, North-West region.



Lt Colonel Bhairavi Sapre – Consultant Psychiatrist, visiting Professor at the University of Chester, Cheshire and Mersey Perinatal Services Joint Clinical Lead, CWP LNC Chair, Military Veterans' Clinical Champion.



Horace Barnes – Chairperson of the Why Are West Indians In This Country Project.



Mr Bruno Daniel – Inclusion Programme Lead, Royal College of Nursing.



Professor Basma Ellahi – Research Professor (Public Health and Nutrition Research with a focus on ethnic minorities), University of Chester.



Professor Andy Bacon – Armed Forces and Global Health, University of Chester.



Lt Colonel Tariq Ahmad – Senior Medical Officer, Catterick Medical Centre, British Army.

Squadron Leader Calum Ferguson – Royal Air Force, Chair Defence (MOD) Buddhist Network.

Sue Liburd MBE DL – Managing Director Sage Blue, Army veteran.



Dr Maxton Scotland - Founder and Director ImpaktX limited, Advisor United Nations Department of Global Communications (UNDGC) Youth Steering Committee, Partner NHSE Armed Forces PPV Group.



Lt Colonel Taitusi Saukuru MBE QGM - Chairman, MOD's Fiji Support Network.

